

ABOUT THE EVENT

The 9th Annual Resolution Run is hosted by the George I. Theisen Family YMCA located in Travelers Rest off McElhany Road. In the past seven years, more than 3,000 people have participated in this exciting event!

Awards: 5K and Half Marathon

- Top three overall male and female.
- Top three overall male and female masters.
- Top three male and female in each age group.
- Medallions to Half Marathon Finishers.

Age groups:

5K Race:

14 and under and every 10 years to 60 +.

Half Marathon:

19 and under and every 10 years to 60 +.

Refreshments:

Water stations will be located throughout the 5K and Half Marathon courses serving water and Gatorade. Food and hot beverages will be available before and after the event in the gym. Chip timing is provided by Go Green Events. www.go-greenevents.com

Please no pets or strollers.

Pets are not allowed on YMCA property.

DATE: Saturday, January 7, 2012

LOCATION: Travelers Rest Community Center
(Old Travelers Rest High School)
115 Wilhelm Winter Street
Travelers Rest, SC 29690

EVENTS: 5K Run / Walk
Half Marathon
Kid's Fun Run

START TIMES: 9:00 am - 5K Run / Walk
9:15 am - Half Marathon
10:00 am - Fun Run

ENTRY FEES: All entry fees are non-transferable and non-refundable. All entries must be received by December 26 to guarantee a shirt. The YMCA is not responsible for entries received late.

Received by December 9, 2011

\$35* - Half Marathon \$ 20*- 5K Free - Fun Run
* price includes long sleeve wicking shirt for Half Marathon participants and cotton shirt for 5K participants.

Received between December 10 - January 6, 2012

\$40* - Half Marathon \$ 25*- 5K Free - Fun Run
* price includes long sleeve wicking shirt for Half Marathon participants and cotton shirt for 5K participants.
registration must be RECEIVED by December 26th to guarantee a shirt.

Race Day Registration (no shirt guarantee)

\$45- Half Marathon \$30 - 5K Free - Fun Run

Race Day Special

Register for the 2013 5K and Half Marathon on race day for a discounted price!

\$15 - Half Marathon \$10 - 5K

RACE PACKET PICKUP

All race events and packet pick up will be held at the Travelers Rest Community Center located at 115 Wilhelm Winter Street.

Jan. 6th: Travelers Rest Community Center
4:00 pm - 8:00 pm

Race Day: pick up until 8:00 am

Participants are strongly encouraged to pick up race packets prior to race day.

REGISTRATION

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

/ /
Date of Birth AGE ON RACE DAY GENDER M F

RACE EVENT (CHECK ONE) 5K Run / Walk Half Marathon Fun Run

T-shirt Size ADULT S M L XL XXL
(CHECK ONE)

YOUTH XS S M L XL

Form of Payment (CHECK ONE)

Check Money Order Credit Card Cash

Check# _____

PAYABLE TO: YMCA

SEND TO: Cindy Kavanagh

PO Box 187, Travelers Rest, SC 29690

Race Fee \$ _____ T-Shirt Fee\$ _____

Total Enclosed\$ _____

Credit Card Visa MasterCard American Ex Discover
(CHECK ONE)

CREDIT CARD NUMBER _____

NAME ON CARD _____ EXP. DATE _____

WAIVER (must be signed by participant)

I hereby release the YMCA and all other sponsors, directors, agents and volunteers from any and all claims of injury, illness or damages from participation in this event. I understand this is a strenuous activity, and I certify that I am in good physical health and condition. I accept the risk of running in traffic and understand that the registration fee is non-refundable. I give my permission for the use of my name and picture in any written or broadcast event.

X _____
ENTRANT SIGNATURE OR GUARDIAN (if under 18)

Office Use Only:

Date Paid: _____

Staff Initials: _____