

Y SWIM LESSONS

Class Dates	Member Registration Begins	Non-Member Registration Begins	Late Registration (\$10 late fee applies)	*Session Cost *Please see individual classes for more pricing information
Spring 1 (March 1-25)	February 11	February 18	February 24-25	*\$47 Members/ \$87 Non (8 Lessons) ; \$29 Members/\$49 Non (4 Lessons)
Spring 1 Saturdays (March 6-27)	February 11	February 18	March 2-3	\$29 Members/\$49 Non (4 Lessons)

Parent/Child Program Ages 6 months – 4 Years

(Parents MUST be in the water with children)

Parent/Child Levels Include:

- Aqua Play Ages 6 months—24 months
- Sea Turtles Ages 25 months—36 months
- Sea Horses Ages 3-4 years

Children and parents use a variety of toys and equipment to make learning fun and interesting! All classes cover basic swimming movements, water orientation, parent education, and plenty of songs and games to keep the children engaged. Our program features a child-centered approach to let children proceed at their own pace because we want everyone to love the water as much as we do!

AquaPlay

Class Dates: Mar 1-Mar 27 \$29 Members/ \$49 Non-Members

____Mondays 6:00 - 6:30pm

____Saturdays 10:00 –10:30am

Sea Turtles

Class Dates: Mar 1-Mar 24 \$47 Members/ \$87 Non-Members

____Mon/Wed 5:00 - 5:30pm

Sea Horses

Class Dates: Mar 1-Mar 24 \$47 Members/ \$87 Non-Members

____Mon/Wed 5:30 - 6:00pm

Preschool Swim Program:

Ages 3-5 years

Water adjustment, safety skills and swimming fundamentals are taught in all of our preschool classes. The children are divided on the first day of class according to their comfort and skill level.

- Pike (Level 1)** Hesitant Beginner. No skills required
- Pike Plus (Level 1)** Fearless Beginner. No skills required
- Eel (Level 2)** Must be able to swim 5 ft. w/o flotation device. Comfortable putting face in water & floating on front and back.
- Ray (Level 3)** Must be able to swim 15 ft w/o flotation device. float on front and back, jump into water without assistance.

Full Sessions

Class Dates: Feb 1-Feb 25 \$47 Members/ \$87 Non-Members

____Mon/Wed 5:10 - 5:40pm

____Tues/Thurs 4:15 - 4:45pm

____Tues/Thurs 6:00 - 6:30pm

Half Sessions

Class Dates: Feb 1-Feb 27 \$29 Members/ \$49 Non-Members

____Monday 4:30 - 5:00pm

____Saturday 10:00 - 10:30am **OR** 10:40 –11:10am



Youth Swim Program:

Ages 6-14 years

Each skill level builds upon the preceding level, with two levels covering all the strokes, diving fundamentals, and safety skills. All instructors are trained to adapt to each child's skill level.

- Polliwog (Level 1)** Beginner swimmer. No skills required.
- Guppy (Level 2)** Must be comfortable with face in the water, float on front and back, and paddle 15 ft. w/o assistance. Confident in deep water.
- Minnow (Level 3)** Must be able to swim 15 yards using front crawl and backstroke to enter this class.

Full Sessions

Class Dates: Feb 1-Feb 25 \$47 Members/ \$87 Non-Members

____Mon/Wed 5:45-6:30pm

____Tues/Thurs 5:00 - 5:45pm

Half Sessions

Class Dates: Feb 1-Feb 27 \$29 Members/ \$49 Non-Members

____Wednesday 4:15 - 5:00pm

____Saturday 11:15 –12:00pm





SAIL Prep (formerly known as WAVE) (Ages 6-14 years)

This program focuses on stroke development and improving efficiency in the water. This is a great way to stay in optimal condition during the off-season, and become prepared for summer swim leagues. One day per week will be spent on endurance, and another day will be spent on stroke refinement and skill. Practices include work on all four competitive strokes with plenty of games to keep things fun! Minimum requirements for each level: **SPLevel 1:** 25 yards freestyle & 25 yards backstroke; **SPLevel 2:** 50 yards freestyle & 50 yards backstroke; **SPLevel 3:** 100 yards freestyle & 100 yards backstroke.

Full Sessions		
SP Level 1 (Beginner)	Class Dates: Mar 1-Mar 27	\$52 Members/ \$92 Non-Members
___ Tues/Thur 4:00-5:00pm	SP Level 2 (Intermediate)	SP Level 3 (Advanced)
	___ Mon/Wed 5:00-6:00 pm	___ Mon/Wed 4:00-5:00 pm
	___ Tues/Thur 6:00-7:00 pm	___ Tues/Thur 5:00-6:00 pm
Half Sessions		
SP Level 1 (Beginner)	Class Dates: Mar 5-Mar 27	\$30 Members/ \$50 Non-Members
___ Sat 10:00-11:00pm	SP Level 2 (Intermediate)	SP Level 3 (Advanced)
___ Friday 4:30-5:30pm	___ Sat 10:00-11:00pm	___ Sat 11:00-12:00pm
	___ Friday 4:30-5:30pm	___ Friday 5:30-6:30 pm

Adult Swim Program

Full Sessions

It's never too late to learn to swim! We offer a comfortable group setting which teaches water adjustment, safety, swimming fundamentals and fitness to make learning to swim stress-free and fun.

Class Dates: Feb 1-Feb 25 \$47 Members/ \$87 Non-Members
 ___ Mon/Wed 7:15 - 8:00pm

*If you're interested in adult lessons, but need alternate days and times, please contact Kelli Seawell, Aquatic Director at 292-2790 or kseawell@ymcagreenville.org

	Eastside Family YMCA Swim Lesson Registration Spring 1 Session	<input type="checkbox"/> Member <input type="checkbox"/> Potential member
	*Email: _____ (will be used to send you information on class schedules/make-ups, etc.)	
Participant Name: _____ Age: _____ Birth Date: _____ M / F		
Address: _____ City: _____ Zip: _____		
Phone number: _____ Cell phone number: _____		
Mothers Name: _____ Fathers Name: _____		
Any health concerns that we may need to be aware of (i.e. allergies, asthma, etc). <i>All information will be kept confidential.</i> _____		
Please list any relatives that may pick your child up from swim lessons besides the mother and father listed (we will not allow your child to go with another person if not listed): _____		
FOR PARENT OR GUARDIAN: The YMCA of Greenville has my permission to take photographs of me/my child and use them in promotional materials (brochures, newsletters, etc.) _____		
Parents/Participant Signature _____ Date _____		
RELEASE OF LIABILITY In the event an accident occurs, I am aware that the YMCA does not provide accident insurance and I will not hold the YMCA responsible for any injury. _____		
Parents/Participant Signature _____ Date _____		
I understand there is a minimum of 3 participants required to constitute a class for swim lessons. If classes are cancelled due to weather or any other reason that the YMCA may need to cancel a class, the following measures will be taken: Upon the first and second incidents the lessons will be made up. Any incident thereafter, the lessons will be lost. I understand there are no make-ups, refunds, or credits for unattended classes. _____		
Parents/Participant Signature _____ Date _____		