

YHEALTH & FITNESS™

We build strong kids, strong families, strong communities.

Ever wanted
to run a 5K race?

Join the Eastside Family YMCA's
10 week walk to run program!



Choose from 2 sessions:

Thursdays at 5:00 pm (starts February 4th)

Tuesdays at 9:00 am (starts February 9th)

SIGN UP TODAY!

Cost is free for Members and \$40.00 for non-members

Contact the YMCA EASTSIDE - 864 292 2790

Bring your neighbors and friends.

For more information contact: chrisdehollander@charter.net