



February 2012 Outdoor Pool Schedule

		OPEN	6:30AM	8:00AM	9:00AM	10:00AM	11:00AM	12:00PM	1:00PM	2:00PM	4:00PM	5:00PM	5:30PM	6:30PM	7:00PM	8:00PM																																			
Monday	Lane 1	Masters (5:30-6:30)	Lap Swim					Masters	Lap Swim					Pre-Sail	Team In Training (6:30-7:30pm)																																				
	Lane 2																																																		
	Lane 3																																																		
	Lane 4		Lap Swim																																																
	Lane 5																																																		
	Lane 6																																																		
Tuesday	Lane 1	Lap Swim											Pre-Sail	Lap Swim																																					
	Lane 2																																																		
	Lane 3																																																		
	Lane 4	Lap Swim																																																	
	Lane 5																																																		
	Lane 6																																																		
Wednesday	Lane 1	Masters (5:30-6:30)	Lap Swim									Pre-Sail	Masters	Lap Swim																																					
	Lane 2																																																		
	Lane 3																																																		
	Lane 4		Lap Swim																																																
	Lane 5																																																		
	Lane 6																																																		
Thursday	Lane 1	Lap Swim											Pre-Sail	Lap Swim																																					
	Lane 2																																																		
	Lane 3																																																		
	Lane 4	Lap Swim																																																	
	Lane 5																																																		
	Lane 6																																																		
Friday	Lane 1	Masters (5:30-6:30)	Lap Swim												CLOSE @ 7:45PM																																				
	Lane 2																																																		
	Lane 3																																																		
	Lane 4		Lap Swim																																																
	Lane 5																																																		
	Lane 6																																																		
Saturday	Lane 1	7:00AM			8:00AM			9:00AM			10:00AM			11:00AM			12:00PM			1:00PM			2:00PM			3:00PM			4:00PM			5:00PM			6:00PM																
	Lane 2																																																		
	Lane 3																																																		
	Lane 4																																					Lap Swim													
	Lane 5																																																		
	Lane 6																																																		
Sunday	Lane 1	Lap Swim									Lap Swim																																								
	Lane 2																																																		
	Lane 3																																																		
	Lane 4																																																		
	Lane 5																																																		
	Lane 6																																																		



February 2012 Indoor Pool Schedule

		6:00AM	8:00AM	9:00AM	9:40AM	10:20AM	11:00AM	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	4:30PM	5:30PM	6:00PM	7:00PM	8:00PM			
Monday	Lane 1	Water Works (6-7am)	Open Swim	Hydrotone (9-10am)	Water Works (10-11am)	Lessons				Aquaerobics	Hydrocycle			Lessons		Open Swim				
	Lane 2																			
	Lane 3	Open Swim		Lessons				Open Swim				Aqua Aerobic (5:30-6:30)								
	Lane 4	Lap Swim																		
	Lane 5	Lap Swim																		
Tuesday	Lane 1	Aqua Power (6-7am)	Open Swim	Aqua Power	Boot Camp (10-11am)	Lessons	Circle of Hope	Open Swim	Home School Swim & Gym		Open Swim			Lessons		Open Swim				
	Lane 2																			
	Lane 3	Open Swim		Lessons				Open Swim				Hydrocycle (5:45-6:45)								
	Lane 4	Lap Swim																		
	Lane 5	Lap Swim																		
Wednesday	Lane 1	Water Works (6-7am)	Open Swim	Hydrotone (9-10am)	Aqua Zumba (10-11am)	Lessons				Aquaerobics	Hydrocycle			Lessons		Open Swim				
	Lane 2																			
	Lane 3	Open Swim		Lessons				Open Swim				Aqua Aerobic (5:30-6:30)								
	Lane 4	Lap Swim																		
	Lane 5	Lap Swim																		
Thursday	Lane 1	Aqua Power (6-7am)	Open Swim	Aqua Power	Boot Camp (10-11am)	Lessons	Circle of Hope	Open Swim		Open Swim				Lessons		Open Swim				
	Lane 2																			
	Lane 3	Open Swim		Lessons				Open Swim				Hydrocycle (5:45-6:45)								
	Lane 4	Lap Swim																		
	Lane 5	Lap Swim																		
Friday	Lane 1			Hydrotone (9-10am)	Water Works (10-11am)					Aquaerobics	Afterschool Swim (3:30-4:15)			Kayak Clinic (6:45-7:45)		CLOSE @ 7:45PM				
	Lane 2																			
	Lane 3	Open Swim																		
	Lane 4	Lap Swim																		
	Lane 5	Lap Swim																		
Saturday	Lane 1					7:00AM	Open Swim	9:00AM	Aqua Zumba (9:15am)	10:00AM	Lessons	11:00AM	Lessons	12:00PM	1:00PM	2:00PM	3:00PM	4:00PM	5:00PM	6:00PM
	Lane 2																			
	Lane 3							Lessons		Lessons				Open Swim						
	Lane 4	Lap Swim																		
	Lane 5	Lap Swim																		
Sunday	Lane 1																			
	Lane 2																			
	Lane 3	Open Swim																		
	Lane 4																			
	Lane 5	Lap Swim																		