



# July 2010 Indoor Pool Schedule

		Open	8:00am	9:00am	9:30am	10:00am	11:00am	12:00pm	2:00pm	3:00pm	4:00pm	4:30pm	5:00pm	5:30pm	6:30pm	7:30pm	8:00pm			
<b>MONDAY</b>	Lane 1	Shallow Water	Swim Lessons	Rental	Swim Lessons			Y Camp	Open Swim			Swim Lessons	Open Swim	Swim Lessons	Open Swim					
	Lane 2	Aerobics																		
	Lane 3																			
	Lane 4	Open Swim	Water Aerobics	Water Aerobics						Water Aerobics	Lap Swim			Water Aerobics	Lap Swim					
	Lane 5																			
<b>TUESDAY</b>	Lane 1	Deep Water	Swim Lessons	Rental	Swim Lessons			Y Camp	Open Swim			Swim Lessons	Open Swim							
	Lane 2	Aerobics																		
	Lane 3																			
	Lane 4	Open Swim		Deep Water Aerobics						Circle of Hope	Lap Swim			Water Aerobics	Lap Swim					
	Lane 5	Lap Swim																		
<b>WED.</b>	Lane 1	Shallow Water	Swim Lessons	Rental	Swim Lessons			Y Camp	Rental	Open Swim		Swim Lessons	Open Swim							
	Lane 2	Aerobics																		
	Lane 3																			
	Lane 4	Open Swim	Water Aerobics	Water Aerobics						Water Aerobics	Lap Swim									
	Lane 5																			
<b>THURSDAY</b>	Lane 1	Deep Water	Swim Lessons	Lap Swim	Swim Lessons			Y Camp		Rental	Swim Lessons		Open Swim							
	Lane 2	Aerobics																		
	Lane 3																			
	Lane 4	Open Swim		Deep Water Aerobics						Circle of Hope	Open Swim		Water Aerobics	Lap Swim						
	Lane 5	Lap Swim																		
<b>FRIDAY</b>	Lane 1				Open Swim			Y Camp	Open Swim			Open Swim								
	Lane 2	Open Swim	Water Aerobics	Lap Swim						Rental										
	Lane 3																			
	Lane 4			Water Aerobics																
	Lane 5	Lap Swim			Lap Swim				Lap Swim											
<b>SATURDAY</b>	Lane 1	POOL OPENS @ 7:00AM						Open	9:00am	10:00am	11:00am	12:00pm	1:00pm	2:00pm	3:00pm	4:00pm	5:00pm	6:00pm		
	Lane 2							Birthday Parties												
	Lane 3							Lap Swim	Open Swim											
	Lane 4							Lap Swim	Aqua Fitness	Lap Swim										
	Lane 5																			
<b>SUNDAY</b>	Lane 1	OUTDOOR POOL SCHEDULE ON REVERSE										Open Swim								
	Lane 2																			
	Lane 3																			
	Lane 4																			
	Lane 5											Lap Swim								

No inflatables in the pools. Only Coast Guard approved flotation devices may be used. Thank you for your cooperation

Please note change in lap swim and program lane locations // Water Aerobic classes are in shallow water unless noted



# July 2010 Outdoor Pool Schedule

		Open	6:30am	8:00am	9:00am	10:00am	11:00am	12:00pm	1:00pm	2:00pm	3:00pm	4:00pm	5:00pm	6:00pm	6:30pm	7:30pm	8:00pm
Monday	Lane 1	Masters (5:30-6:30)	Lap Swim	Hydrocycle*	Y Camp	Masters (11:45-12:45)	Open Swim (11:00 - 8:45pm)										Hydrocycle
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																
Tuesday	Lane 1	Lap Swim	Hydrocycle	Y Camp	Hydrocycle*	Open Swim (11:00 - 8:45pm)											
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																
Wednesday	Lane 1	Masters (5:30-6:30)	Lap Swim	Hydrocycle	Y Camp	Hydrocycle*	Open Swim (11:00 - 8:45pm)										Hydrocycle
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																
Thursday	Lane 1	Lap Swim	Hydrocycle	Y Camp	Hydrocycle*	Open Swim (11:00 - 8:45pm)											
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																
Friday	Lane 1	Masters (5:30-6:30)	Lap Swim	Y Camp	Hydrocycle*	Open Swim (11:00 - 8:45pm)											
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																
Saturday	Lane 1	POOL OPENS @ 7:00AM	Lap Swim	7:00am	8:00am	9:00am	10:00am	10:30am	11:30am	12:00pm	1:00pm	2:00pm	3:00pm	4:00pm	5:00pm	6:00pm	CLOSED @ 7:45PM
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																
Sunday	Lane 1	SPLASH PAD HOURS Monday - Friday: 11:00am - Close Saturday & Sunday: Open-Close										Open Swim (12:00 - 6:45pm)					
	Lane 2																
	Lane 3																
	Lane 4																
	Lane 5																
	Lane 6																

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Hydrocycle classes with (\*) will begin the week of July 12th.