

Team Roster

Time Slot	Participant Name
5:00am	
6:00am	
7:00am	
8:00am	
9:00am	
10:00am	
11:00am	
12:00pm	
1:00pm	
2:00pm	
3:00pm	
4:00pm	
5:00pm	
6:00pm	
7:00pm	
8:00pm	



TRIATHLON-ATHON 2010 Goals

12 teams participating in
Swim-Athon

16 teams participating in
Cycle-Athon

15 teams participating in
Run-Athon

43 teams each raising \$1,000

Goal of \$43,000.00
to help provide sliding scale scholarships for
youth and families in need at our YMCA

**Looking For A Team?
Need Campaign Materials?**

See Front desk or contact
Rene McCurdy or Marc McCulley

Rene McCurdy 864-679-9622 ext 722
rmccurdy@ymcagreenville.org
or
Marc McCulley 864-679-9662 ext
mmcculley@ymcagreenville.org

TRIATHLON-ATHON



Sponsored by..



1st Annual 3 Day Event
benefitting the
Caine Halter YMCA Open Doors
Financial Assistance Program

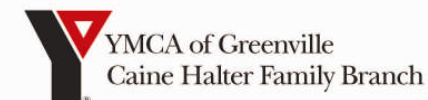


March 11-13, 2010

SWIM-ATHON
Thursday, March 11
5:00am-9:00pm

CYCLE-ATHON
Friday, March 12
5:00am-8:00pm

RUN-ATHON
Saturday, March 13
7:30am-7:00pm



*“Open a door and
change a life.”*

Thanks to the generous support of folks like you, we serve those in our community who are in financial need. Each year, the YMCA of Greenville provides more than \$937,000 in scholarships to youth and families who can't afford to pay full price. The YMCA is able to do this through our annual “Open Doors” Scholarship Campaign. The scholarships we provide make it possible for children and families to be a part of the YMCA. In 2009, the “Open Doors” campaign raised \$135,000 for those who use the Caine Halter Family YMCA. These dollars helped us to provide assistance for more than 825 people. Please join our efforts and be a part of this exciting service.



“I could not afford childcare any other way and I am so thankful for everyone who has made a contribution to this program, small or large with money and/or time!”

*We build Strong Kids,
Strong Families and Strong Communities.*

3 Days. 3 Events. 3 Ways YOU can HELP.

- 1. Become a Team Captain or Sponsor and create a team.***
- 2. Join a team! Team members raise money to participate. Available literature makes fund raising easy and fun!***
- 3. Come to the Y and encourage participants during the event.***

SWIM-ATHON

Thursday, March 11 5:00 am-9:00 pm

16 hours = Teams of 16 -each raising approximately \$63.00 for an hour of swimming! The entire outdoor pool will be utilized for this event. Music and swim challenges will be organized by lifeguards.

CYCLE-ATHON

Friday, March 12 5:00 am-8:00 pm

15 hours = Teams of 15 -each raising approximately \$66.00 for an hour of cycling fun. 16 Stationary bikes will be in our lobby and/or outside by the fountains. Music and Sag support during entire event!

RUN-ATHON

Saturday, March 13 7:30 am-7:00 pm

11.5 hours = Teams of 11 (or more) -each raising approximately \$80 for an hour of running. A marked loop will begin on the YMCA grounds and continue on the Swamp Rabbit Trail. Time chips available to record split times. Rest/party stops with music along the way.

Captain & Sponsor Responsibilities:

- Choose your event!
- Create a team of friends to participate.
- Assign team mates to designated time slots (1 or 1/2 hour slots)
- Make sure your team continuously participates in the event THE ENTIRE DAY!

Team Goal= \$1,000.00