

## TRADITIONAL DAY CAMP

Rising K5-5<sup>th</sup> Grade   
June 10-Aug. 16

Summer is the best time to Live Out Loud! And at Summer Day Camp at the GHS Family YMCA, there will be ample opportunities to make the most out of summer. Our campers play games and sports, make arts and crafts, go swimming, learn new skills, sing silly songs, make new friends, and more! Every week has a new, exciting theme, so be ready to dress up in zany costumes and play themed games on Fridays.

**Hours:** 7:30 a.m.-6 p.m.

**Located at:** YMCA Program Center - GHS

**Member:** \$120/week

**Community:** \$165/week

**Non-refundable, non-transferable deposit:** \$20/week - applies to your weekly payment. Remainder of payment due the Wednesday before each week.

## TEEN CAMP

Rising 6<sup>th</sup>-9<sup>th</sup> Grade   
June 10-Aug. 16

Are you looking for a way for your teen to make lasting friendships, play new and exciting games, serve their community, and develop their leadership skills? YMCA Teen Camp is the place for them. Our squad will participate in teambuilding activities, sports, fun service projects, swimming, archery, arts and crafts, creative projects, character development activities, community service and much more!

**Hours:** 7:30 a.m.-6 p.m.

**Located at:** YMCA Program Center- GHS

**Member:** \$130/week


**Community:** \$170/week

**Member Registration Fee:** \$50/child or \$65/family

**Community Registration Fee:** \$75/child or \$90/family

**Non-refundable, non-transferable deposit:** \$20/week - applies to your weekly payment. Remainder of payment due the Wednesday before each week.

## CIT CAMP (COUNSELOR-IN-TRAINING)

Rising 9<sup>th</sup>-11<sup>th</sup> Grade   
July 8-Aug. 2

The CIT program is a 4-week internship for teens who wish to develop further their leadership skills and investigate their career aspirations.

This program is a great way to gain valuable job experience, learn essential leadership skills, and become familiar with the YMCA summer staffing expectations. Graduates will gain training in the following: CPR, FA, AED, BBP, O2 and Aquatics Safety Assistant.

\*All interested teens must complete an interview with the Youth and Family Services Team prior to registration. For more information, please contact the Youth and Family Service Director.

**Hours:** 9 a.m.-4 p.m. (Early drop-off and late pickup optional)

**Member:** \$400/session

**Community:** \$500/session

**Non-refundable Deposit:** \$100/session - applies to your payment

## YMCA CAMP GREENVILLE DAY CAMP

Rising 3<sup>rd</sup>-8<sup>th</sup> Grade   
June 10-14 | June 24-28 | July 8-12 | July 22-26

Brand new this year, YMCA Camp Greenville will be hosting a one of a kind half-day camp at the Hollingsworth Outdoor Center! Those seeking a true outdoor day camp experience will have the opportunity to participate in activities such as: archery, creek crawls, hiking, bouldering and shelter building. Campers will also participate in team focused challenge activities that will end with the Ultimate Relay on the last day of camp. Camp Greenville Day Camp is a great opportunity to learn teamwork, wilderness skills, have fun and Live Out Loud!

**Hours:** 7:30 a.m.-12:00 p.m.

**Located at:** YMCA Hollingsworth Outdoor Center

**Member:** \$100/week **Community:** \$120/week

Payment is due in full at the time of registration. Registration required.

## ART CAMP

Rising K5-2<sup>nd</sup> Grade | June 17-21 | July 22-26   
Rising 3<sup>rd</sup>-5<sup>th</sup> Grade | June 24-28 | July 29-Aug. 2

Spend all day immersed in art! Art Camp will include a classroom teaching portion to increase your camper's knowledge and hone their skills.

Campers will also get to participate in artsy activities such as messy art day, crazy drawing games, and colorful camp activities! Your camper will have a creative, smiling, happy learning experience, so plan for them to dive into their art and get messy!

**Hours:** 9 a.m.-4 p.m.

**Located at:** YMCA Program Center- GHS

**Member:** \$150/week **Community:** \$200/week

**Member Registration Fee:** \$50/child or \$65/family

**Community Registration Fee:** \$75/child or \$90/family

Payment is due in full at the time of registration. Registration required.

## SPORTS CAMPS

Rising 1<sup>st</sup>-9<sup>th</sup> Grade | June 10-Aug. 16

Refine your sports skills and have fun at the GHS Family Y's Sports Camps! Each day campers will go through skills training, team conditioning, and get instruction on the fundamentals of a sport, with the goal of building confidence as an athlete and individual. Campers will be split into groups according to age and ability. All groups will develop skills throughout the week and will participate in an end of the week tournament amongst campers!

**Full Day Hours:** 7:30 a.m.-6 p.m. (program runs from 9 a.m.-4 p.m.)

**Half Day Hours:** 7:30 a.m.-noon (program runs from 9 a.m.-noon)

**Located at:** YMCA Program Center - GHS

**Member (Full Day):** \$125/week **Community (Full Day):** \$175/week

**Member (Half Day):** \$75/week **Community (Half Day):** \$100/week

**Non-refundable, non-transferable deposit:** \$20/week - applies to your weekly payment. Remainder of payment due the Wednesday before each week.

### Sports Camp Schedule:

Football/Volleyball .....June 10-14	Basketball .....July 15-19
Basketball .....June 17-21	Soccer .....July 22-26
Soccer .....June 24-28	Football/Volleyball .....July 29-Aug. 2
All Sports .....July 1-5	Basketball .....Aug. 5-9
Football/Volleyball .....July 8-12	Soccer .....Aug. 12-16

# 2019 THEMES

-  Holiday In The City 
-  Going Wild
-  We're Number 2
-  Luck Of The Draw
-  Hollywood Highlights
-  Everyday Superheroes
-  Around The World
-  In The Know
-  Washout Party
-  Dab To The Beat

## YMCA OF GREENVILLE GREENVILLE HEALTH SYSTEM FAMILY YMCA

 550 Brookwood Point Place  
Simpsonville, SC 29681

 864-412-0288

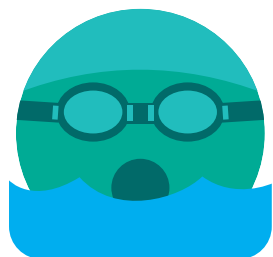
 [ymcagreenville.org](http://ymcagreenville.org)

For more information on programming,  
contact [info@ymcagreenville.org](mailto:info@ymcagreenville.org).

### Financial assistance is available.

CANCELLATION NOTICE GIVEN	TRADITIONAL & TEEN CAMPS	SPECIALTY CAMPS
1 month notice of cancellation	Full refund, less desposit	80% refund
3 weeks' notice of cancellation	50% refund, less desposit	50% refund
2 weeks' notice of cancellation	25% refund, less desposit	25% refund
Less than 2 weeks' notice	No refund	No refund

Deposits and registration fees are non-refundable and non-transferable.



### SWIM CAMP\*

**Rising K5–Rising 8<sup>th</sup> Grade**  
June 17–21 | June 24–28  
July 8–12 | July 15–19  
July 22–26 | July 29–Aug. 2  
Aug. 5–9

This camp is designed to provide a safe, fun environment in the pool all 5 days of the week. Swim Camp is for all levels of swimmers who want to learn the Y's Safety Around Water program and swimming strokes. Swimmers will learn techniques based on their current abilities and skills. Campers will rotate through free swim, organized group games, and brief learn-to-swim lessons.  
**Hours:** 9 a.m.–noon  
**Located at:** YMCA Program Center–GHS  
**Member:** \$75 **Community:** \$125

### SWIM ACADEMY CAMP\*

**Rising 2<sup>nd</sup>–10<sup>th</sup> Grade**  
June 17–21 | June 24–28  
July 8–12 | July 15–19  
July 29–Aug. 2 | Aug. 5–9

This camp is more instruction based than Swim Camp. Campers must be able to pass the YMCA swim test. Campers will alternate between free swim, organized group activities, and structured swim lessons/practice. Goggles are required for this camp level. We are focused on improving and refining the four competitive swim strokes: freestyle, backstroke, breaststroke, and butterfly. Advanced swimmers will also focus on learning and refining flip turns, diving, and swim team etiquette.  
**Hours:** 1–4 p.m.  
**Located at:** YMCA Program Center–GHS  
**Member:** \$75 **Community:** \$125

### EXTENDED DAY AQUATICS CAMP

**Rising 3<sup>rd</sup>–9<sup>th</sup> Grade**  
June 17–21 | June 24–28  
July 8–12 | July 15–19  
July 22–26 | July 29–Aug. 2  
Aug. 5–9

Do you want your aquatics camper to be involved in traditional camper activities before they go to swim or junior lifeguard camp? Sign them up for the Extended Day program! They will participate in games, sports, arts & crafts, and have a blast every morning! Note: Extended Day campers do not attend traditional camp field trips.  
**Hours:** 7:30 a.m.–1 p.m. & 4–6 p.m.  
**Members:** \$80/week, with a \$50/child or \$65/family registration fee  
**Community:** \$105/week, with a \$75/child or \$90/family registration fee  
**Non-refundable, non-transferable deposit:** \$20/week – applies to your weekly payment. Remainder of payment due the Wednesday before each week.  
**Located at:** YMCA Program Center – GHS

### JR. LIFEGUARD CAMP\*

**Rising 6<sup>th</sup>–10<sup>th</sup> Grade**  
July 22–26

This camp is focused on preparing our young-adult campers for the responsibilities around an aquatic facility. They will train and learn procedures associated around the pool deck from buddy checks, safety, responding to emergencies, Lay way responder CPR and First Aid. Participants must be at least 13 years old and can swim at least 100 yards continuous, any stroke. Goggles and bathing suit are required.  
**Hours:** 1–4 p.m.  
**Member:** \$75  
**Community:** \$125



### UNDERTAKING ADVENTURE\*



**Rising K5–2<sup>nd</sup> Grade | July 1–5**  
**Rising 3<sup>rd</sup>–5<sup>th</sup> Grade | July 15–19**

Get ready for high-energy fun that is “all boy.” From nature exploration to creative competitions and sports, this camp celebrates the fun of being a boy. Campers will explore different wilderness skills along with all things messy.  
**Hours:** 9 a.m.– 4 p.m.  
**Located at:** YMCA Program Center–GHS  
**Member:** \$175/week  
**Community:** \$225/week  
**Member Registration Fee:** \$50/child or \$65/family  
**Community Registration Fee:** \$75/child or \$90/family

### COOKING CAMP\*

**Rising 3<sup>rd</sup>–5<sup>th</sup> Grade | June 24–28**  
**Rising 3<sup>rd</sup>–5<sup>th</sup> Grade | July 22–26**

Kids will learn hands-on food preparation and culinary techniques to assemble their own entrees. The class will get a tour of our restaurant kitchen and learn about the proper portion sizes of foods from the five food groups based on the USDA Dietary Guidelines and the choosemyplate.gov guidelines.  
**Hours:** 1–4 p.m.  
**Located at:** GHS Family YMCA  
**Member:** \$100/week  
**Community:** \$140/week

### BRICKS-4-KIDZ\*

**Rising 1<sup>st</sup>–8<sup>th</sup> Grade | July 8–12**

Join us for these Bricks-4-Kidz camps, where our fun-filled model plans designed by engineers and architects teach children to learn with LEGO bricks. Our projects motivate children by reinforcing STEAM-based principles while enhancing self-esteem, improving fine motor skills, and teaching important skills.  
**Hours:** 1–4 p.m.  
**Located at:** GHS Family YMCA  
**Member:** \$100/week  
**Community:** \$140/week

### GIRL POWER CAMP\*

**Rising K5–2<sup>nd</sup> Grade | July 1–5**  
**Rising 3<sup>rd</sup>–5<sup>th</sup> Grade | July 15–19**

Girls Rock! This camp will dive into everything that makes girls awesome! We will explore teambuilding activities, crafts, etiquette, games, and much more with a dress up tea party on Friday! A camp for the girlie girl! For the older girls we will be delving deeper into what makes girls a force to be reckoned with.  
**Hours:** 9 a.m.– 4 p.m.  
**Located at:** YMCA Program Center–GHS  
**Member:** \$175/week  
**Community:** \$225/week  
**Member Registration Fee:** \$50/child or \$65/family  
**Community Registration Fee:** \$75/child or \$90/family

### DANCE & CHEER CAMP\*

**Rising K5–8<sup>th</sup> Grade**  
Aug. 5–9



Join us for a week of learning new moves and a never-ending dance party! The week will be filled with fun and age-appropriate sessions of dance, cheer, team building, arts and crafts, and end with a finale recital on Friday! Sessions are taught by our experienced team from the GHS dance program. Parents are invited to attend on Friday to see the routines and skills learned throughout the week of fun!  
**Hours:** 9 a.m.–4p.m.  
**Located at:** YMCA Program Center–GHS  
**Member:** \$175/week  
**Community:** \$225/week  
**Payment is due in full at the time of registration**  
**Member Registration Fee:** \$50/child or \$65/family  
**Community Registration Fee:** \$75/child or \$90/family

\*Registration required. Payment is due in full at the time of registration.



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FOR HEALTHY LIVING  
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LIVE OUT LOUD!  
2019 SUMMER  
DAY CAMP GUIDE



GREENVILLE HEALTH SYSTEM  
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YMCA OF GREENVILLE