



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE JANUARY 2021

MONDAY & WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
7:30-8:30am	Lap Swim			Water Walking
8:30-11:15am	Aqua Fitness			
11:15-12:00pm	Lap Swim			Water Walking
3:45-7:30pm	Swim Lessons Only			

TUESDAY & THURSDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
7:30-8:30am	Lap Swim			Water Walking
8:30-10:15am	Aqua Fitness			
10:15-12:00pm	Lap Swim			Water Walking
3:45-6:45pm	Swim Lessons Only			

FRIDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
7:30-8:30am	Lap Swim			Water Walking
8:30-11:15am	Aqua Fitness			
11:15-3:00pm	Lap Swim			Water Walking

Saturday

Time	Lane 1	Lane 2	Lane 3	Open Section
8:45am-10:15am	Aqua Fitness			
10:15-1:00pm	Swim Lessons Only			
1:00-3:00pm	CLOSED			

Sunday

CLOSED

***All pool hours subject to change**

Children 0-5 years old must have a parent or guardian in the pool with them in the water within arm's reach. Children 6-12 years old must have a parent or responsible adult present on the pool deck at all times. (Must take swim test). Children 5-14 must wear a Coast Guard approved Life vest (PFD), pass a swim test, or be within arms reach of parent or an adult.