



GHS Pool Schedule (until June 10th)

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Monday - Thursday (5am - 9:30pm)

	5am	6am	7am	8am	9am	10am	11am	12	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm-close
Lane 1		Lap			H2O Boot				Lap							Lap
Lane 2	Masters		Lap		Camp				Lap				Swim	Class/		Lap
Lane 3	Mon/		Lap		(Tuesday				Lap				Academy	Masters		Lap
Lane 4	Tues/		Lap		Only)				Lap							Lap
Lane 5	Thurs @						Lap								Lap	
Lane 6	5:30		Lap						Lap							
Lane 7															Lap	
Lane 8		Lap							Open Swim						Lap	

Friday (5am - 8:30pm)

	5am	6am	7am	8am	9am	10am	11am	12	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm
Lane 1			Lap								Lap					
Lane 2			Lap		H2O Boot						Lap					
Lane 3			Lap		Camp						Lap					
Lane 4			Lap								Lap					
Lane 5								Lap								
Lane 6								Lap								
Lane 7		Lap														
Lane 8		Lap														Open Swim

Saturday (7am - 5:30pm)

	7am	8am	9am	10am	11am	12	1pm	2pm	3pm	4pm	5pm
Lane 1	Lap		H2O Boot	Aqua				Lap			
Lane 2	Lap		Camp	Zumba				Lap			
Lane 3	Lap							Lap			
Lane 4						Lap					
Lane 5						Lap					
Lane 6						Lap					
Lane 7		Lap									
Lane 8		Lap									Open Swim

Prior to entering a Y pool, all children age 13 and younger are required to pass a swim test before being allowed in a Y pool without a personal flotation device (PFD) or without direct adult supervision. *PFDs available for use, no charge*

Swim Test: 25 yard swim showing breathing with face in, tread water for 1 minute.

**Masters Swim - Mornings - Mon/Tues/Thur 5:30-6:30AM
Evenings - 6:30-7:30PM**

Sunday (1pm - 6:30pm)

	1pm	2pm	3pm	4pm	5-close
Lane 1			Lap		
Lane 2			Lap		
Lane 3			Lap		
Lane 4			Lap		
Lane 5			Lap		
Lane 6			Lap		
Lane 7					
Lane 8			Open Swim		

Open = Water walking, exercising, family swim. **children under 14 allowed in OPEN swim time**
All children 5 and under MUST have an adult (18yr or older) in the water within arms reach.

GUESTS are not permitted in the pool
Please bring your own towel

GHS pool is an outdoor facility for the warm months (late spring to early fall). During the cold months (late fall to early spring), the pool has a air inflated bubble to cover the pool.