



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDOOR POOL SCHEDULE

## August 2020

### MONDAY & WEDNESDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
8:00-9:00am	Lap Swim			Water Walking
9:00-11:00am	Water Aerobics			
11:00-12:00pm	Lap Swim			Water Walking
1:00-3:00pm	Camp			
3:45-7:30pm	Swim Lessons Only			

### TUESDAY & THURSDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
8:00-9:00am	Lap Swim			Water Walking
9:00-11:00am	Water Aerobics			
11:00-12:00pm	Lap Swim			Water Walking
1:00-3:00pm	Camp			
3:45-6:45pm	Swim Lessons Only			

### FRIDAY

Time	Lane 1	Lane 2	Lane 3	Open Section
8:00-9:00am	Lap Swim			Water Walking
9:00-11:00am	Water Aerobics			
11:00-12:00pm	Lap Swim			Water Walking
1:00-3:00pm	Camp			

### Saturday

Time	Lane 1	Lane 2	Lane 3	Open Section
8:45am-9:30am	Water Aerobics			
9:30-1:00pm	Swim Lessons Only			
1:00-3:00pm	CLOSED			

### Sunday

CLOSED

**\*All pool hours subject to change**

Children 0-5 years old must have a parent or guardian in the pool with them in the water within arm's reach. Children 6-12 years old must have a parent or responsible adult present on the pool deck at all times. (Must take swim test). Children 5-14 must wear a Coast Guard approved Life vest (PFD), pass a swim test, or be within arms reach of parent or an adult.